

*Food served daily  
12 noon until 9.30pm*



THE  
GALLOPING  
HORSE

ALWAYS AMONG FRIENDS

*Ask for our  
children's menu*

### *sandwiches (available until 5pm)*

Sandwiches served on granary or white bread with mixed leaf salad.

Mature Cheddar Sandwich (v)  
Damson chutney £5.95

Honey Roast Ham with piccalilli £6.95

Roasted Vegetable, Buffalo Mozzarella  
Sandwich (v) with basil pesto £6.95

Cumberland Sausage, red onion  
marmalade £7.95

Hot Brie, bacon and cranberry £6.95

Poached Salmon, lemon mayo  
and watercress £6.95

Fish Finger and tartare sauce £6.95

**Add a bowl of soup or hand cut chips  
to your sandwich £2.00**

### *to nibble and share*

Pulled Pork Nachos (v without pork)

Tortilla chips with pork in tomato sauce, cheese,  
guacamole, sour cream

Starter for 2 (or main for one) £11.95  
Main for 2 £15.95

Platter of cured Lakeland Meats and Cheese

Olives, pickles, bread

Starter for 2 (or main for one) £11.95  
Main for 2 £16.95

The Healthier Sharer King prawn and chicken  
skewers, pulled pork, cucumber, carrot and spring  
onion crudités, prawn crackers, mozzarella, roasted  
vine tomato, selection of dips and dressing

Starter for 2 (or main for one) £11.95  
Main for 2 £15.95

ALONGSIDE OUR MAIN MENU, WE HAVE FRESH CUTS OF LAKELAND STEAKS,  
ROAST & FISH OF THE DAY AND SPECIALS CHALKED ON OUR DAILY BOARDS.

LIFT FOR  
MORE!





## THE GALLOPING HORSE

ALWAYS AMONG FRIENDS

### starters

Soup of the Day £4.95  
Served with crusty bread

Crispy King Prawns £7.95  
Asian salad and sesame dipping sauce

Garlic Mushrooms (v) £5.50  
Served with crusty bread

Black Pudding £5.95  
Poached egg and peppercorn sauce

Mozzarella, Tomato and Avocado Salad (v) £5.00

### healthier choices

Superfood Salad £9.95  
Mixed leaves, avocado, spinach, cucumber, beans, seeds and roasted tomatoes with a side of low calorie dressing

Add steamed chicken or salmon fillet £2.00

Add grilled seabass £3.25

Seafood Mixed Grill £12.95  
Salmon Fillet, King Prawns and Seabass  
Superfood salad or new potatoes and roasted vegetables

Add grilled chicken £2.00

Vegetable Burger £8.95  
Skinny fries, mixed leaves

Caesar Salad £8.95  
Baby Gem, boiled eggs, parmesan, anchovies, garlic dressing, bacon and croutons

Add grilled chicken £2.00

Vegetarian Chilli (v) £8.95  
Boiled rice, sour cream and chive

### — your favourites —

Cumberland Sausage £9.95  
Creamed potatoes, vegetables, onion gravy

Hand Battered Haddock  
Mushy peas, chips and homemade tartare sauce  
regular £8.50 large £10.95

Anne's Homemade £9.95  
Cheese and Onion (v) or Steak and Ale Pie  
A real pie with beautiful short-crust pastry, chips, vegetables, gravy

12 Hour Cooked Suckling Pig £14.95  
Apple cider sauce, stuffing, mash, vegetables

Sukanya's Authentic £9.95  
Thai Green Chicken Curry Sticky Jasmine rice, prawn crackers and dipping sauce

Thick Cut 12oz Lakeland £11.95  
Gammon Steak Fried free range egg, chips, pineapple pickle and peas

Whitby Wholetail Scampi £10.95  
Chips, mushy peas, dressed salad and tartare sauce

### cooked to order pizzas

EAT IN OR TAKEAWAY  
Thin traditional Italian style bases with our special tomato sauce cooked in our authentic oven.

Pepperoni - Chorizo and Mozzarella  
9" £9.95 12" £11.95

Margherita - Mozzarella, Tomato, Basil  
9" £7.95 12" £9.95

Cajun Chicken  
9" £9.95 12" £11.95

Hawaiian - Pineapple, Cumbrian Ham  
9" £9.95 12" £11.95

Pepperoni  
9" £9.95 12" £11.95

Ham and Mushroom  
9" £9.95 12" £11.95

House Special (a bit of everything)  
Pepperoni, Salami, Cajun Chicken, Ham, Mushroom, Pineapple, Chilli  
9" £11.95 12" £13.95

Create your own pizza  
12" base £9.95

toppings only 50p

PIZZAS AVAILABLE UNTIL 10.30pm

### — steak and burgers —

Our steaks are 28 day aged from local farms. They are cooked to your liking and served with beer battered onion rings, field mushroom, roasted vine tomato, salad and real chips - or swap chips for salad or jacket potato

8oz Rib-Eye £15.00  
A tasty marbled cut from the forerib

10oz Flat Iron Steak £14.00  
Taken from the feather muscle, a lean marbled steak, best cooked medium rare

Add a king prawn skewer £2.95

Sauces £2.50  
Peppercorn Diane  
Red Wine Garlic Mushroom

8oz 100% Steak Burger £8.95  
Topped with melting cheese, BBQ sauce, gherkins and onion rings served on toasted brioche bun with fries and side salad

12oz 100% Burger Stack £11.50  
Topped with melting cheese, bacon, mayonnaise and spiced tomato relish on toasted brioche, fries, salad, beer battered onion rings

### sides

Hand cut chips	£2.00	Beer-battered onion rings	£2.00
Skinny fries	£2.00	Superfood side salad	£2.85

### ask for our delicious dessert menu

We are happy to discuss any dietary requirements, please speak to a member of staff.  
Food Allergies and Intolerances - some of our foods contain allergens. Please speak to a member of staff for more information  
All Prices Inclusive of VAT